

# Tiesha D. Johnson, DNP, CRNP

[tiesha@lupinecreativeconsulting.com](mailto:tiesha@lupinecreativeconsulting.com)

## Education:

	University of Massachusetts Amherst, College of Nursing, Amherst, Massachusetts
2018	<b>Doctor of Nursing Practice, Public Health Nurse Leader</b> University of Rochester, School of Nursing, Rochester, New York
2008	<b>Master of Science, Psychiatric-Mental Health-Child/Adolescent Nurse Practitioner</b>
2003	<b>Bachelor of Science, Nursing</b> Cum Laude Genesee Community College, Batavia, New York
1996	<b>Associate in Applied Science, Nursing</b>

## Licensure:

2018 – present	<b>Ohio, Registered Nurse, #RN.456885</b> Expires 10/31/2019
2009 – present	<b>Maryland, Certified Registered Nurse Practitioner-Psychiatric/Mental Health, #R167348</b> Expires 08/28/2019
2004 – present	<b>Maryland, Registered Nurse, #R167348</b> Expires 08/28/2019
2004 – 2010	Massachusetts, Registered Nurse, #261873
2008 – 2016	New York, Nurse Practitioner in Psychiatry, #F401131
1996 – 2016	New York, Registered Professional Nurse, #484211-1

## Certifications:

October 2009 – present	Maryland Sate Controlled Dangerous Substance (CDS) Registration Certificate, #N70307 Expires 10/31/2020
April 2009 – present	United States Federal Drug Enforcement Agency (DEA) Registration Certificate, #MJ1954583 Expires 12/31/2020
August 2008 – present	American Nurses Credentialing Center (ANCC), Family Psychiatric and Mental Health Nurse Practitioner, #2008004981 Expires 08/03/2023

## Professional Memberships:

2013 – present	American Nurses Association (ANA), #02558857 Expires 09/30/2019
2012 - present	American Association of Nurse Practitioners (AANP), #12011102 Expires 09/05/2019

2010 - 2017	American Holistic Nurses Association (AHNA), #28975
2007 – present	Sigma Theta Tau International (STTI), #0502838 Expires 09/05/2019
2005 – present	American Psychiatric Nurses Association (APNA), #122549 Expires 09/30/2019

## Honors/Awards:

December 2014	<b>Sigma Theta Tau International</b> Honor Society of Nursing, Beta-Zeta-at-Large Chapter University of Massachusetts, Amherst, Amherst, Massachusetts
February 2007	<b>Sigma Theta Tau International</b> Honor Society of Nursing, Epsilon Xi Chapter University of Rochester, Rochester, New York
June 2003	Dean's List University of Rochester, Rochester, New York
December 2002	Dean's List University of Rochester, Rochester, New York
June 1994	Certificate of Academic Achievement Genesee Community College, Batavia, New York

## Academic Experience:

### **Towson University, College of Health Professions Department of Nursing**

Spring 2018	Nursing & Healthcare III: Mental Health Clinical Adjunct Faculty I
-------------	---

## Graduate Clinical Experience:

### **Serenity Treatment Center**

September 2017 – present	<b>Washington County Sheriff's Office, Day Reporting Center, Hagerstown, Maryland</b> Psychiatric Nurse Practitioner, Outpatient Medication Management and Medication Assisted Addictions Treatment
--------------------------	--

### **Brook Lane Health Services**

July 2013 – present	<b>Inpatient Psychiatric Services, Main Campus, Hagerstown, Maryland</b> Psychiatric Nurse Practitioner, On-call rotation for Adult, Child and Adolescent Inpatient Units
---------------------	--

September 2013 – April 2016	<b>Stonebridge Transitional Care Home, Hagerstown, Maryland</b>
-----------------------------	---

Psychiatric Nurse Practitioner for children and adolescents in Residential Care

July 2013 – June 2015

**Outpatient Psychiatric Services, North Village,  
Hagerstown, Maryland**

Psychiatric Nurse Practitioner, specializing in advanced practice nursing care for children, adolescents and adult women

October 2009 – November 2012

**Inpatient and Outpatient Psychiatric Services, Main  
Campus, Hagerstown, Maryland**

Psychiatric Nurse Practitioner, specializing in advanced practice nursing care for children, adolescents and adult women

**Allegany County Health Department,  
Cumberland, Maryland**

April 2014 – February 2017

**Maryland Department of Juvenile Services, Forestry  
Camp Youth Centers**

Psychiatric Nurse Practitioner, providing medication management, evaluation and monitoring of psychiatric symptoms via telepsychiatry and face-to-face encounters.

December 2009 – February 2017

**Outpatient Mental Health Clinic, Cumberland,  
Maryland**

Psychiatric Nurse Practitioner, specializing in advanced practice nursing care for children, adolescents and adult women.

**Appalachian Behavioral Health Center**

September 2012 – July 2013

**Outpatient Mental Health Services, Cumberland,  
Maryland**

Psychiatric Nurse Practitioner, specializing in advanced practice nursing care for children, adolescents and adult women

**Outpatient Mental Health Services, Hancock, Maryland**

Psychiatric Nurse Practitioner, specializing in advanced practice nursing care for children, adolescents and adult women

**MedPsych Health Services, LLC**

December 2012 – March 2013

**Outpatient Mental Health Clinic, Frederick, Maryland**

Psychiatric Nurse Practitioner, specializing in advanced practice nursing care for children, adolescents and adult women

**Irene A. Burns, MD, Private Practice**

August 2008 – July 2009

**Pediatric Primary Care, Batavia, New York**

Psychiatric Nurse Practitioner

**Undergraduate Clinical Nursing Experience:**

**Hillside Children's Center, Rochester, New  
York**

June 2005 – June 2008

**Residential Campus & Health Office**

Child & Adolescent Psychiatric Staff Nurse

January 2005 – June 2005	<p><b>Women &amp; Children’s Hospital of Buffalo, Kaleida Health, Buffalo, New York</b></p> <p><b>Pediatric Intensive Care Unit</b></p> <p>Staff Nurse</p>
June 2004 – September 2004	<p><b>Mobile Medical Staffing, LLC, Dayton, Ohio</b></p> <p><b>North Shore University Hospital Manhasset, Long Island Jewish Health System, Manhasset, New York</b></p> <p><b>Emergency Department</b></p> <p>Travel/Staff Nurse</p>
May 2003 – May 2004	<p><b>Strong Memorial Hospital, University of Rochester Medical Center, Rochester, New York</b></p> <p><b>Pediatric Emergency Department</b></p> <p>Staff Nurse Triage Nurse</p>
September 2002 – May 2004	<p><b>Emergency Department</b></p> <p>Staff Nurse</p>
January 1999 – April 2004	<p><b>Burn/Trauma Intensive Care Unit</b></p> <p>Staff Nurse Adjunct Preceptor</p>
March 1997 – January 1999	<p><b>Orthopedic Surgical Unit</b></p> <p>Staff Nurse Charge Nurse</p>
November 1996 – March 1997	<p><b>St. John’s Home, Rochester, New York</b></p> <p>Staff/Float Nurse</p>
June 1996 – November 1996	<p><b>St. Jerome Hospital, Batavia, New York</b></p> <p><b>Inpatient Detoxification</b></p> <p>Chemical Dependency Aide</p>
December 1994 – June 1996	<p><b>Medical Unit</b></p> <p>Nursing Assistant</p>

**Volunteer Experience:**

June 2006 – June 2008	<p><b>Society for the Protection and Care of Children, Rochester, New York</b></p> <p>Supervised Visitation Monitor</p>
February 2003 – March 2003	<p><b>Generations Childcare, Rochester, New York</b></p> <p>Childcare Volunteer</p>

	<b>Gates-Chili Fire Department, Company #1, Rochester, New York</b>
February 2003 – January 2004	Basic Firefighter
	<b>Gates Volunteer Ambulance Service, Rochester, New York</b>
August 2002 – September 2003	Emergency Medical Technician Second Medic
	<b>Strong Memorial Hospital, University of Rochester Medical Center, Rochester, New York</b>
Summer 1982	Transportation Department, Family Waiting Room, Patient Library, Patient Discharge
	<b>St. John’s Home, Rochester, New York</b>
Summer 1981	Day Break

**Professional Contributions:**

	<b>Lupine Creative Consulting, Inc., Hagerstown, Maryland</b>
June 2004 - present	President
	<b>Brook Lane Health Services, Hagerstown, Maryland</b>
January 2014 – January 2015	Secretary of the Medical Staff, elected
	<b>American Psychiatric Nurses Association</b>
February 2009 – July 2009	Institute for Safe Environments Steering Committee Member, Workgroup on Physiological Risks, co-chair
April 2007	Restraint and Seclusion Task Force Member, Expert consultant for APNA Seclusion and Restraint Position Statement and Standards
	<b>Cornell University, Family Life Development Center, Residential Child Care Project, Ithaca, New York</b>
2007 – 2009	Participation in revision of the Therapeutic Crisis Intervention (TCI) curriculum for managing child aggressive behaviors and crisis situations.
January 2006 – December 2009	Temporary Service Professional
	<b>Hillside Children’s Center, Rochester, New York</b>
July 2005	Created and maintained individualized psychotropic medication information cards for child and adolescent client’s in a residential psychiatric setting to meet New York State Office of Mental Health (OMH) standards.
November 2005	Participated with the revision of current nursing restraint assessment and documentation form to meet current New York State Commission on Accreditation (COA) standards.
January 2005	“Respiratory Assessment: Reducing Risks in Physical Holds” incorporated into agency wide policy for required additional training for nurses monitoring physical holds.

March 2004	<p><b>University of Rochester, Department of Emergency Medicine, Prishtina, Kosovo</b></p> <p>Participation in Joint Initiative of University of Rochester Department of Emergency Medicine and Kosovo Emergency Medicine Association</p> <p><b>Gates Volunteer Ambulance Service, Rochester, New York</b></p>
June 2003	<p>PPD Clinic</p> <p><b>Strong Memorial Hospital, Burn/Trauma Intensive Care Unit, Rochester, New York</b></p>
June 2000 – December 2000	<p>Pain and Sedation Committee</p>

**Educational Contributions:**

January 2017 – May 2017	<p><b>Towson University, Towson, Maryland</b></p> <p><b>Department of Nursing</b> Undergraduate Nursing Clinical Preceptor Washington County Sheriff's Office Day Reporting Center</p> <p><b>Sigma Theta Tau International, Honor Society of Nursing</b> Iota Epsilon Chapter Induction Ceremony Keynote Address Towson University, Towson, MD</p>
November 2017	<p><b>University of Maryland, Baltimore, Maryland</b></p> <p><b>School of Nursing</b> Advanced Practice Psychiatric Mental Health Nursing Internship Clinical Preceptor</p>
September 2013 – December 2013	<p>Advanced Practice Psychiatric Mental Health Nursing Internship Clinical Preceptor</p>
January 2012 – May 2012	<p>Advanced Practice Psychiatric Mental Health Nursing Internship Clinical Preceptor</p>
March 2012	<p><b>Brook Lane Health Services, Hagerstown, Maryland</b> Nutritional Considerations in Mental Health Care Association of Nutrition and Food Service Professionals Educational Seminar Presenter</p>
May 2011	<p>Childhood Bipolar Disorder Community Educational Seminar Presenter Hagerstown, Maryland Frederick, Maryland</p>
February 2012	<p><b>Meritus Medical Center, Hagerstown, MD</b> Perinatal Psychiatric/Mental Health Care Presenter</p>
October 2006	<p><b>American Psychiatric Nurses Association, 20<sup>th</sup> Annual Conference</b> Long Beach, California Conference Faculty</p>

**Cornell University**  
**Family Life Development Center**  
Residential Child Care Project

- March 2006 – October 2009      Development of Safety Assessment and Functional Evaluation Through Knowledge of Individual Development (SAFE-T-KID) Educational Series for nurses working in residential child care facilities: “Respiratory Assessment: Reducing Risks in Physical Restraints”
- November 2005      “Respiratory Assessment: Reducing Risk in Physical Holds” Pediatric risks and assessment, presented to psychiatric nursing and non-medical staff with Cornell University administration for Therapeutic Crisis Intervention overview .  
Baker-Victory Services, Lackawanna, New York
- August 2005 – October 2009      **Hillside Children’s Center**  
“Respiratory Assessment: Reducing Risks in Physical Holds.”  
Ongoing pediatric respiratory assessment training to nurses to enhance the safety of physical holds in a pediatric residential psychiatric settings.  
Varick Campus, Romulus, New York  
Finger Lakes Campus, Auburn, New York  
Monroe Campus, Rochester, New York  
Crestwood Children’s Center, Scottsville, New York
- October 2005      **University at Buffalo, School of Biomedical Education, Buffalo, New York**  
Injection Workshop: Demonstration, instruction and evaluation of injection techniques of medical students

**SAFE-T-KID®**

*Safety Assessment and Functional Evaluation Through Knowledge of Individual Development*

- October 2007      Johnson, T.D., Endres, T.  
“SAFE-T-KID. Reducing Restraint Associated Risks”  
Baker-Victory Services, Lackawana, New York
- June 2007      **Johnson, T.D.**, Nunno, M.  
“SAFE-T-KID. Reducing Restraint Associated Risks”  
Holiday Inn-Airport, Cheektowaga, New York  
Comfort Inn, Castleton, New York  
Holiday Inn-Mt. Kisco, Mount Kisco, New York
- April 2006      **Johnson, T.D.**, Nunno, M.  
“SAFE-T-KID. Respiratory Assessment: Reducing Risks in Physical Restraints”  
New York State Office of Children and Families,  
Rensselaer, New York  
Cornell University – Cooperative Extension, New York,  
New York  
The Doubletree Hotel, Rochester, NY

## Research Activities:

- 2006 Meeting the Challenges of Palliative Care – An Ethnographic Assessment of Stakeholders’ Lived Experiences and Expectations.  
A Collaborative Project of The Lutheran Medical Center, Brooklyn, New York and Lupine Creative Consulting, Inc., Rochester, New York  
Research Assistant
- 2006-2009 Reducing restraint associated risks in child and adolescent child welfare and mental health settings – A Pilot Study.  
Cornell University, Family Life Development Center, Residential Child Care Project, Ithaca, New York  
Funded by New York State Office of Children and Family Services (OCFS)  
Research Consultant
- 2005 Qualitative Evaluation of Educational tool “Respiratory Assessment: Reducing Risks in Physical Holds” in a Child and Adolescent Residential Psychiatric Facility.  
Hillside Children’s Center, Rochester, New York  
Unfunded
- 2004-2005 Kosovo Nursing Education Collaborative Project.  
Wrote concept paper in preparation for grant proposal  
Collaboration with the University of Rochester, Rochester, New York

## Publications:

### Peer-Reviewed & Clinical Related Articles:

- Goepp J, **Johnson T**, Maddow C. Challenges and promises for nurse education curriculum development in Kosovo: results of an “accidental ethnography.” *Nurse Education Today*. 2007 [Epub ahead of print]
- Johnson, T.D.** Respiratory Assessment in Child and Adolescent Residential Treatment Settings: Reducing Restraint Associated Risks. *Journal of Child and Adolescent Psychiatric Nursing*. 20 (3): 176-183; 2007.
- Johnson, T. D.** Intensive Spiritual Care: A Case Study. *Critical Care Nurse*. 25(6):20-26; 2005. COVER ARTICLE & CONTINUING EDUCATION ARTICLE
- Johnson, T.D.** A Glimpse of Emergency Care and Strife in Kosovo: One Emergency Nurse’s Experience. *Journal of Emergency Nursing*. 31(1): 124-128; 2005.

### Essays & Poetry:

- Johnson, T. D.** Reader’s Write: True Love. *The Sun*. 359: 37-38; 2005.

### Posters:

- Johnson, T.D.**, Holden, J., Leidy, B., Nunno, M. SAFE-T-KID: Effect on Nursing Practice Related to Restraints in Child and Adolescent Residential Psychiatric Settings. American Psychiatric Nurses Association, 21<sup>st</sup> Annual Conference. Kissimmee, Florida. October 2007
- Johnson, T.D.**, Boyer, R. Assessing the Need for an Educational Tool: Respiratory Assessment During and After Restraints in Child and Adolescent Residential Psychiatric Settings. American Psychiatric Nurses Association, 20<sup>th</sup> Annual Conference. Long Beach, California. October 2006
- Johnson, T.D.**, Holden, J., Nunno, M. Evaluation of the SAFE-T-KID Program: Effect on Nursing Practice Related to Restraints in Child and Adolescent Psychiatric Settings. University of Stirling, International Research Symposium. Reaching for the Light: High Risk Interventions in Human Services. Stirling, Scotland. August 2006



Holden, J., **Johnson, T.D.**, Nunno, M. Using a Prone/Supine Perception Survey and Literature Review to Forward the Conversation Regarding all Restraints. University of Stirling, International Research Symposium. Reaching for the Light: High Risk Interventions in Human Services. Stirling, Scotland. August 2006

Maddow, C., Lerner, E., O'Hanlon, K., **Johnson, T.**, Paris, S., Goepf, J. Examining Graduating Emergency Medicine Residents in an Unstable Developing World Setting. American College of Emergency Physicians, Scientific Assembly. San Francisco, CA. October 2004

## **Presentations at Professional Meetings & Conferences:**

- April 2008            **Johnson, T.** "SAFE-T-KID Respiratory Assessment: Reducing Risks in Physical Restraints."  
International Society of Psychiatric-Mental Health Nurses 9<sup>th</sup> Annual Conference  
Hyatt Regency Hotel, Montreal, Quebec, Canada
- October 2006        **Johnson, T.** "Respiratory Assessment and Restraint."  
A Celebration of 20 Years of Service. Protecting New York State's Children  
through Institutional Abuse Investigation Units.  
New York State Office of Children and Family Services  
Invited Speaker  
Saratoga Springs, New York
- October 2006        Goepf, J.G., **Johnson, T.D.**, "Racial and Ethnic Disparities in Health  
Outcomes: The Roles of Trust, Mistrust and Provider Humility as Promoters of or  
barriers to Mental Health Services Utilization."  
American Psychiatric Nurses Association 20<sup>th</sup> Annual Conference  
Long Beach Convention Center, Long Beach, California
- October 2006        **Johnson, T.D.**  
"Respiratory Assessment: Reducing Risks in Physical Holds"  
American Psychiatric Nurses Association 20<sup>th</sup> Annual Conference  
Long Beach Convention Center, Long Beach, California
- May 2006            Goepf, J.G., **Johnson, T.D.**, Maddow, C.  
"Emergency medical care in Kosovo: The need for increased inter-professional  
education"  
1<sup>st</sup> Nurse Education International Conference, Vancouver, Canada
- January 2006        **Johnson, T.**, Nunno, M.  
"Respiratory Assessment: Reducing Risks in Physical Holds"  
Presentation to define and clarify the role of the nurse  
South Carolina Association for Children's Homes and Family Services  
(SCACHFS), Pre-conference Presentation  
Kingston Plantation (Embassy Suites), Myrtle Beach, South Carolina
- August 2005        **Johnson, T.**  
"Respiratory Assessment: Keeping Physical Safety Holds Safe"  
Presented to selected Nursing and Staff Training Management as proposed  
training protocol  
Hillside Children's Center, Rochester, New York
- December 2004     **Johnson, T.**  
"Kosovo Nursing Education: Rapid Assessment Procedures in Participatory  
Action Research"  
Presented to selected Emergency Medicine Faculty  
University of Rochester Medical Center, Rochester, New York

April 2004                    **Johnson, T.**, Gjonbalaj, U.  
“Kosova Emergency Medicine from a Nursing Perspective”  
Presented to Emergency Medicine Residents and Faculty  
University of Rochester Medical Center, Rochester, New York

### **Attendance at Professional Meetings & Conferences:**

June 2015                    AHNA 35<sup>th</sup> Annual Conference  
American Holistic Nurses Association  
Branson, Missouri

November 2013              2013 NEI Psychopharmacology Congress  
Neuroscience Education Institute  
Colorado Springs, Colorado

February 2013              21st Annual Psychopharmacology Review Course: Current Clinical Practice  
University of Arizona College of Medicine  
Tucson, Arizona

February 2012              20th Annual Psychopharmacology Review Course: Current Clinical Practice  
University of Arizona College of Medicine  
Tucson, Arizona

February 2011              19th Annual Psychopharmacology Review Course: Current Clinical Practice  
University of Arizona College of Medicine  
Tucson, Arizona

February 2010              18th Annual Psychopharmacology Review Course: Current Clinical Practice  
Tucson, Arizona

October 2008                Twenty Second Annual Conference  
American Psychiatric Nurses Association  
Minneapolis, Minnesota

July 2008                    Hot Topics in Pediatric Primary Care: Clinical Issues in Providing Care for  
Children and Adolescents  
Contemporary Forums  
Jackson Hole, Wyoming

November 2005              Nineteenth Annual Conference  
American Psychiatric Nurses Association  
Renaissance Nashville Hotel, Nashville, Tennessee

May 2004                    Pediatric Academic Societies’ Annual Meeting  
Moscone West Convention Center, San Francisco, California

September 2000            Traumafest 2000  
Upstate New York Chapter of the American College of Surgeons.  
Trauma Center at University Hospital, Syracuse, New York

### **Continuing Education:**

Spring  
2006                            Child Health: Issues in Development 1  
University at Buffalo, School of Nursing, Buffalo, New York  
Graduate Credit Hours: 3.0

                                      Health Promotion and Risk Reduction  
University at Buffalo, School of Nursing, Buffalo, New York  
Graduate Credit Hours: 2.0

	The Family: Theoretical Foundations and Perspectives University at Buffalo, School of Nursing, Buffalo, New York Graduate Credit Hours: 3.0
Fall 2005	Research Methods for Practice Professionals University at Buffalo, School of Nursing, Buffalo, New York Graduate Credit Hours: 4.0
	Health Assessment for Advanced Practice Nursing University at Buffalo, School of Nursing, Buffalo, New York Graduate Credit Hours: 3.0
	Pathophysiology for Advanced Practice Nursing University at Buffalo, School of Nursing, Buffalo, New York Graduate Credit Hours: 4.0
Spring 2004	Comprehensive Health Assessment University of Rochester, School of Nursing, Rochester, New York Undergraduate Credit Hours: 4.0
March-May 2003	Fundamentals of Disaster Management University of Rochester, School of Nursing, Rochester, New York Undergraduate Credit Hours: 3.0